

MAKETM

WELLNESSES

BETTER HEALTH THE BUILDING
BLOCKS OF
MAKE

CLEAN SLATE
NEVER LIST

SAFE. EFFECTIVE. ELEVATED.

MAKE WELLNESS // OUR “CLEAN SLATE” PHILOSOPHY

AT THE CORE OF OUR COMMITMENT TO WELLNESS IS THE CLEAN SLATE INGREDIENT PHILOSOPHY, A STRINGENT SET OF GUIDELINES THAT ENSURES OUR SUPPLEMENTS ARE FREE FROM HARMFUL INGREDIENTS. IN TODAY’S WELLNESS LANDSCAPE, WHERE TRANSPARENCY AND SAFETY ARE PARAMOUNT, WE UNDERSTAND THE IMPORTANCE OF KNOWING EXACTLY WHAT GOES INTO YOUR BODY. OUR LIST REFLECTS A DEDICATION TO PURITY AND HEALTH, PROVIDING PEACE OF MIND THAT EACH PRODUCT IS CRAFTED WITH ONLY THE BEST, LEAVING OUT ANYTHING THAT COULD COMPROMISE YOUR WELL-BEING.

Acesulfame-K	Mercury and Mercury Containing Compounds
Albumin	Methylisothiazolinone
Aluminum	Mineral Oil
Aristolochic Acid (Aristolochia)	Nitrosamines
Artificial Colors	Non-methylated forms of folate and B12
Artificial Flavors	Octonoxate
Aspartame	Organ Extracts
Avobenzene	Oxybenzone
Bentonite	Parabens
BHA and BHT	Partially Hydrogenated Fats
Bitter Orange (Synephrine)	Pennyroyal Oil (Hedeoma Pulegioides)
Bovine gelatin	Petroleum Derivatives
Cadmium	Placental Extracts
Chaparral (Larrea Divaricata)	Phthalates
Comfrey (Symphytum Officinalis, S. asperum, and S.X uplandicum)	Polyethylene Glycol
Cyclomethicone	Propylene Glycol
Dimethicone	Quaternium-15
DMDM Hydantoin	Resorcinol
Ephedrine alkaloids, including ephedra and ephedrine (Ma Huang)	Saccharine
Ethanolamines	Seed oils
Ethylene Oxide	Siloxanes
Formaldehyde	Sorbitol
Genetically Modified Material (GMO)	Sucralose
Germander (Teucrium Chamaedrys)	Sulfates
Glandular Extracts	Synthetic Dyes
Hydroquinone	Synthetic Fragrances
Imidazolidinyl Urea	Synthetic Tryptophan
Irradiated Material	Tiratricol (also known as triiodothyroacetic acid or TRIAC)
Kaolin	Toluene
Kava (Piper Methysticum)	Triclocarban
Laureth (ethoxylated), or PEG	Triclosan
Lead and other Heavy Metals	Transfats
Lobelia (Lobelia Inflata)	Xylitol
Maltodextrin	Yohimbe (Pausinystalia Yohimbe)

PEPTIDES *with* PURPOSE

CALM™

RELAX & RECHARGE

- CGMP
- USA
- GRAS
- NO SUGAR

CALM – THE MINDFUL SOLUTION

CALM provides Precision Peptide Support in an on-the-go stick pack, with a refreshing Lemon Citrus flavor that melts in your mouth. It combines four powerful ingredients—Ashwagandha, Lemon Balm Extract, GABA, and L-Theanine—designed to naturally lower cortisol levels, reduce stress, and help balance stress hormones for relaxation without drowsiness. Ideal for busy lifestyles, CALM supports mental well-being and provides both immediate and long-term benefits.

MAKE™ WELLNESS

A DELICIOUS DISSOLVABLE POWDER

Adults pour contents of one stick pack onto your tongue, let dissolve and swallow. Drink water after if needed. Best if taken in the evening before bedtime.



KEY INGREDIENTS:

- 1 Ashwagandha:**
Ancient Ayurvedic adaptogen that helps manage stress and improve sleep quality.
- 3 GABA:**
A neurotransmitter that significantly reduces stress and promotes mental calmness.

- 2 Lemon Balm Extract:**
A calming herb known to enhance mood and support cognitive function.
- 4 L-Theanine:**
An amino acid from green tea that promotes relaxation and focus without drowsiness.

Precision Peptide Support
CALM's ingredients work synergistically to modulate stress hormones, support neurotransmitter balance, and promote alpha brain wave activity for deep relaxation.

CALM™

THE POWER OF 4: YOUR PATH TO CALM

<p>STRESS REDUCTION:</p> <p>Helps manage daily stress and promotes a sense of calm.</p>	<p>IMPROVED SLEEP:</p> <p>Supports better sleep onset and reduces nighttime awakenings.</p>
<p>ENHANCED FOCUS:</p> <p>Improves mental clarity and concentration without sedation.</p>	<p>MOOD SUPPORT:</p> <p>Balances emotions for a more positive outlook.</p>

The Stress Crisis:

- 24%** of adults report stress levels above 8 out of 10
- 66%** of adults are anxious about their health
- 1 in 3** adults will experience an anxiety disorder at some point in life
- 70%** of adults worry about family safety
- 42%** of adults say their sleep quality is poor
- 49%** of stressed adults report racing thoughts that prevent restful sleep



CALM™ offers a natural solution to combat these overwhelming feelings.

- LOWERS CORTISOL LEVELS NATURALLY
- BALANCES STRESS HORMONES FOR CALM RELAXATION
- REDUCES STRESS AND IMPROVES MOOD
- NON-DROWSY, SUITABLE FOR DAYTIME OR EVENING USE

IDEAL FOR

- Individuals with high-stress lifestyles
- Those experiencing occasional sleeplessness
- People seeking natural cognitive support
- Anyone looking to enhance overall well-being

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size: 1 SACHET (2.53g)

Servings per Container: 30

Amount Per Serving		%DV*
Sensoril® Ashwagandha	125mg	†
<i>(Withania somnifera)</i>		
Lemon Balm Extract (<i>Melissa officinalis</i>)	50mg	†
GABA (Gamma Amino Butyric Acid)	50mg	†
L-Theanine	50mg	†

† Daily Value (DV) not established.

Other Ingredients: Allulose, Natural Lemon Flavor, Citric Acid, Steviol Glycosides Reb M.

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MAKE
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MAKE WELLNESS CALM™

TRANQUIL RELAXATION

PRIMARY OUTCOME - PROMOTE RELAXATION

MECHANISMS OF ACTION:

- Helps manage daily stressors
- Promotes a sense of calm and relaxation
- Supports better sleep onset and duration
- May reduce nighttime awakenings
- Supports mental clarity without sedation



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2024

PEPTIDES *with* PURPOSE

ENERGIZED CLEAN, SUSTAINED ENERGY WITHOUT THE CRASH

POWERED BY PEPTIDES.



MAKE THE BUILDING BLOCKS OF BETTER HEALTH

ENERGIZED is designed to power your day with clean, sustained energy. With its unique blend of Bioactive Precision Peptides™ and natural ingredients, you're not just getting a quick fix—you're fueling your body for long-lasting vitality. Whether you're facing a hectic workday, a tough workout, or just trying to combat everyday fatigue, ENERGIZED helps you stay alert, balanced, and ready for whatever comes next.

MAKE WELLNESS™

KEY BENEFITS:

- 1 Stress-Proof Energy:** Designed for today's high-stress world. Energized helps you fight chronic fatigue and recharge your body's batteries—at the cellular level.
- 2 Ginseng/Plural Peptides for Total Vitality:** Support healthy serotonin and dopamine levels and help improve mood. Ginseng--Plural Peptide is a fatigue fighter, helping your body recover from stress while delivering sustainable energy.

Did you know fatigue is a widespread issue, fueled by stress and overstimulation from sugary energy drinks?

- 1 in 5** of US-adults suffer from consistent fatigue and tiredness*
- 77%** of adults feel stress regularly with anxiety and fatigue as the most common symptoms*
- 30%** consume energy drinks daily despite side effects like crashes and overstimulation.

- 3 Balanced Energy Release:** Whole Coffee Fruit Extract provides a natural, slow-release caffeine that gives you an immediate energy boost, followed by a sustained lift. No jitters. No crash.
- 4 Energize the Body at Cellular Level:** Bioactive Precision Peptides are targeted, high precision messengers that signal your body to balance energy levels, increase alertness, and reduce both physical and mental fatigue.



Why is MAKE Energized Different?

Most Energy Drinks Overstimulate*: Mainstream energy drinks are often packed with synthetic stimulants and sugars that lead to a quick burst of energy followed by a crash. This overstimulation can drain your body's energy reserves and leave you feeling worse than before.

ENERGIZED Provides Clean, Sustained Energy: With our Bioactive Precision Peptides™ and natural caffeine, ENERGIZED powers your body's energy systems without the harmful effects of sugar and synthetic additives. You'll feel more focused, energized, and balanced—without the ups and downs of traditional energy drinks.

RECHARGE YOUR BODY'S BATTERIES

In today's high-pressure world, fatigue is more than just tiredness—it's a daily battle against stress and low energy. ENERGIZED helps you fight back with a unique blend of Bioactive Precision Peptides™ to support cellular vitality, increase neurotransmitters (like serotonin and dopamine), for a natural energy boost that fights stress and fatigue.



THE SCIENCE BEHIND ENERGIZED

Ginseng Peptides:

Boosts serotonin and dopamine levels to improve mood and combat fatigue. It supports adrenal health to ensure sustained energy, even in stressful times.

Fatigue Fighter Peptides:

Hydrolyzed whey peptide isolate fuels ATP production—your body's primary energy source—so you feel more energetic and focused throughout the day.

Whole Coffee Fruit Extract:

This natural caffeine source is released slowly, providing balanced energy. This means you get an immediate lift, followed by sustained energy to carry you through your day—without overstimulating your body.

*REFERENCES:
<https://pubmed.ncbi.nlm.nih.gov/29624410/>
<https://www.ncbi.nlm.nih.gov/health/energy-drinks>
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4682602/>

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Supplement Facts

Serving Size: 1 SACHET (2.78g)

Servings per Container: 30

Amount Per Serving		%DV*
Caffeine (from Whole Coffee Fruit Extract)	100mg	†
Balanced Energy Blend™	1350mg	†
Fatigue Fighter Peptides™ (Hydrolyzed Whey Peptide Isolate, L-Leucine, Phosphoric Acid, L-Tyrosine, L-Isoleucine, L-Valine, L-Phenylalanine), Ginseng Peptides, Whole Coffee Fruit Extract		

† Daily Value (DV) not established.

Other Ingredients: Citric Acid, Natural Raspberry Flavor, Steviol Glycosides Reb M, Malic Acid, Blue Spirulina (color), Sunflower Lecithin.

Contains: Milk* *Lactose-free

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MAKE WELLNESS ENERGIZED™ BALANCED ENERGY BLEND™

PRIMARY OUTCOME - INCREASED PHYSICAL ENERGY

MECHANISMS OF ACTION:

- Regulates Serotonin, Catecholamine, and Dopamine Levels*
- Supports Adrenal Gland Function*
- Reduces Physical and Mental Fatigue*
- Elevates Mood and Motivation*
- Increases Alertness and Energy*



2024

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PEPTIDES *with* PURPOSE

FIT™

BE UNSTOPPABLE.



NATURALLY-FLAVORED STICK PACK POWDER

- Proprietary Bioactive Precision Peptides
- Naturally Flavored - Amazing Taste
- Convenient On-The-Go stick pack delivery
- Supports natural muscle recovery process
- Protects muscle mass to support healthy aging
- Reduces recovery time after exercise

THE BUILDING BLOCKS OF BETTER HEALTH
MAKE

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W E L L N E S S

Metabolic Matrix™ with PeptiStrong PLUS has been shown to:

47% less fatigue* with a return to a higher than baseline strength levels

103% strength recovery vs 68% compared to whey protein

4X protein synthesis* than compared to whey protein

54% increase in performance*

FIT, by MAKE Wellness is the answer. Whether you're a professional bodybuilder, college student, casual athlete, or simply a busy mom trying to make it through the day—it's time to unlock the best you!



*Based on conducted human clinical trials



PROMOTE MUSCLE PROTEIN SYNTHESIS



PROMOTE MUSCLE STRENGTH RECOVERY



REDUCE MUSCULAR FATIGUE



SUPPORT MUSCULAR ENDURANCE



SUPPORTS HEALTHY AGING THROUGH INCREASED NAD+

How Does Metabolic Matrix™ Work?

Key Mechanisms of Action

The health of our muscles is affected by a complex balance of factors, which include:

- Muscle Loss (protein breakdown)
- Muscle Gain (protein synthesis)
- Energy Homeostasis
- Supports Methylation [MTHFR]
- Increase NAD+ levels

POWERED BY PROPRIETARY METABOLIC MATRIX™ TECHNOLOGY

Metabolic Matrix™ featuring PeptiStrong PLUS, which has been clinically shown to positively affect muscle health through the following healthy benefits:



1 Boost Power Increase Strength

2 Train More Recover Faster

3 Build, Repair, Retain Lean Muscle

4 Sustained and Balanced Energy

Maintaining muscle is the new fountain of youth. Muscle is the most abundant tissue in the human body, making up approximately 35% of our total body weight. The 600+ muscles in the body are responsible for all our movement and support of daily activities. Increasing muscle mass has shown a 17% reduction in all-cause mortality*.

*References: Momma, H; et al. (2022) Brit J Sports Med. 022; 56: 755-763, Cal, R; et al. (2020) Nutrients. 12(8),2274, Corrochano, R; (2021) Curr Res Food Sci. 4, 224-232, Nuritas in vitro study report, available by request, Weijnen, M; et al. (2023) J Nutr. 153(6),1718-1729, Kerr, A; et al. (2023) Nutrients. 15(4), 986

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Supplement Facts

Serving Size: 1 SACHET (6.89g)

Servings per Container: 30

Amount Per Serving		%DV*
Vitamin D (as Cholecalciferol)	25mcg	125%
Vitamin B6 (as Pyridoxal 5'-Phosphate)	5mg	294%
Vitamin B12 (as Methylcobalamin)	500mcg	20833%
Magnesium (as Magnesium Glycinate)	100mg	25%
Metabolic Matrix™ Technology	3020.5mg	†
Peptistrong™ PLUS (<i>Vicia faba</i>) Fava Bean Peptides, Magnesium Glycinate, Nicotinamide Riboside Chloride, Pyridoxal 5'-Phosphate, Methylcobalamin, Cholecalciferol		
Natural Caffeine (from Green Coffee Bean Extract)	100mg	†

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
† Daily Value (DV) not established.

Other Ingredients: Citric Acid, Natural Orange Flavor, Beta Carotene (color), Steviol Glycosides Reb M, Guar Gum, Sunflower Lecithin

CONTAINS: Fava Bean Protein

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MAKE WELLNESS FIT™

BE UNSTOPPABLE

PRIMARY OUTCOME - INCREASE MUSCLE TONE

MECHANISMS OF ACTION:

- Enhances Muscle Protein Synthesis
- Inhibits Muscle Protein Breakdown
- Reduces Chronic Low-Grade Inflammation
- Inhibits expression of Myostatin



2024

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PEPTIDES *with* PURPOSE

FOCUSED™

CLEAR THE FOG, OWN THE DAY.



MAKE THE BUILDING BLOCKS OF BETTER HEALTH

BIOACTIVE PRECISION PEPTIDES™ WITH COGNIFOCUS™ POWER BLEND & NOOTROPIC INGREDIENTS

Peptide-powered FOCUSED capsules enhance concentration, support memory, and reduce mental fatigue. Optimize your mental flow and productivity to become unstoppable.

- Peptide-based cognitive health support
- Decreases brain fog and mental fatigue
- Supports neurotransmitter balance for mood regulation, alertness, and focus
- Reduces eye strain and brain fatigue from blue light exposure with Lutemax Brain
- Increases motivation, clarity, and drive for peak performance



MAKE™

W E L L N E S S

FOCUSED enhances mental clarity, fights brain fog, and boosts memory with its unique peptide and nootropic blend. Designed for busy moms and stressed professionals, it sharpens focus and keeps you alert. Stay sharp, clear, and ready to perform at your peak.

KEY INGREDIENTS:

- 1 Bacopa Monnieri Extract:** Known for centuries in Ayurvedic medicine, Bacopa supports memory, reduces anxiety, and enhances cognitive performance.
- 2 Gingko Peptides:** These bioactive peptides enhance memory, improve concentration, and fight brain fatigue.
- 3 Lutemax Brain:** Protects against eye strain and blue light exposure, boosting cognitive function and long-term brain health.
- 4 Phosphatidylserine:** A key phospholipid that supports brain cell integrity, cognitive function, and memory.

FOCUSED™

IS A COMPREHENSIVE FORMULA TARGETING:



Did You Know?

Your brain isn't fully developed until about age 25, and cognitive decline can start as early as 30. The prefrontal cortex—your brain's memory keeper and storyteller—plays a critical role in attention and focus. Protect it with FOCUSED.



Brain Power Stats:

48% of parents report overwhelming stress.

8 in 10 Americans are affected by brain health issues.

ADHD Adult ADHD is one of the top mental health concerns in 2024

In today's fast-paced world, overstimulation and stress make it hard to stay focused and productive. Brain fog, mental fatigue, and lack of motivation are common challenges—especially for busy moms and stressed professionals.

HIGH STRESS

High stress levels can significantly decrease attention and memory.

*REFERENCES:
-Dana Foundation Brain Health Survey
-Healthcare Utah
-NLM/National Institutes of Health

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Supplement Facts

Serving Size: 1 CAPSULE

Servings per Container: 30

Amount Per Serving		%DV*
Lutein	10mg	†
Cognifocus Power Blend™	480mg	†
Bacopa Monnieri Extract, Ginkgo Peptides, Phosphatidylserine (from Sunflower), Lutein/Zeaxanthin (from Marigold Extract)		

† Daily Value (DV) not established.

Other Ingredients: Hypromellose (HPMC) Vegetable Capsule, Bamboo Silica, Blue Spirulina (color).

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MAKE
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MAKE WELLNESS FOCUSED™ COGNITIVE CLARITY

PRIMARY OUTCOME - ENHANCED COGNITIVE FUNCTION

MECHANISMS OF ACTION:

- Supports Memory Formation and Recall
- Enhances Focus & Concentration
- Antioxidant Properties
- Supports Healthy Brain Cell Membranes
- Enhances Cerebral Blood Flow
- Supports faster cognitive processing
- Protects against blue light damage
- Supports visual processing and eye-brain connection



CLEAR THE FOG, OWN THE DAY

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PEPTIDES *with* PURPOSE

HYDRATED™

ULTIMATE HYDRATION FOR PEAK PERFORMANCE

REFRESH AND HARMONIZE.

USA

cGMP

NO SUGAR

GRAS

MAKE THE BUILDING BLOCKS OF BETTER HEALTH

Hydration is the key to unlocking the full potential of Bioactive Precision Peptides. With HYDRATED, you're not just replenishing fluids—you're preparing your body for optimal wellness. Whether you're an athlete, professional, or a busy parent, HYDRATED helps you stay at your best.

MAKE™

W E L L N E S S

Did you know that dehydration is one of the most common problems we face?

- 75%** of US-adults suffer from the effects of dehydration*
- 30%** reduction in performance caused by even mild dehydration*
- 32%** of athletes are exercising in a dehydrated state*



KEY BENEFITS:

- 1 Ultimate Hydration On-the-Go:** Convenient stick pack powder that mixes easily with water, delivering rapid hydration anytime, anywhere.
- 2 Precision Peptide Support:** Enhances the effectiveness of our core products, LEAN and FIT, by optimizing the function and bioavailability of Bioactive Precision Peptides.
- 3 Natural Electrolyte Balance:** Replenishes essential minerals without artificial dyes or sugar, supporting overall wellness and energy levels.
- 4 A Comprehensive Wellness Solution:** Use HYDRATED as a standalone, but when used with both FIT and LEAN—expect better hydration, improved energy, and optimized performance.

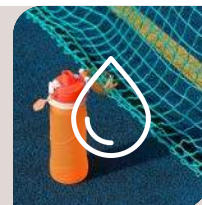
Why is hydration so important to your body?

Essential Hydration for Peptide Power
HYDRATED isn't just another hydration product—it's a crucial partner in your wellness journey. Designed to work in harmony with our LEAN and FIT products, HYDRATED ensures that your body is primed to exploit the full benefits of Bioactive Precision Peptides by optimizing hydration and electrolyte balance.

Even mild dehydration can significantly impair strength, endurance, and cognitive function, underscoring the critical need for proper hydration.

HYDRATION UNLOCKED: PRECISION PEPTIDE SUPPORT

Hydration is key to unlocking the full potential of Bioactive Precision Peptides. By keeping your cells hydrated and balanced, HYDRATED ensures that peptides can effectively communicate within your body, enhancing fat burning, muscle preservation, and overall metabolic fitness.



THE SCIENCE BEHIND HYDRATED

Optimal Electrolyte Balance: Proper hydration is about more than just drinking water. HYDRATED provides an optimal blend of electrolytes, including those sourced from SolarSea™ Sport, which is derived from the Great Salt Lake. These electrolytes are vital for cell signaling, fluid balance, and maintaining energy during physical activity.

Enhanced Fluid Absorption: With the inclusion of Glycine, HYDRATED improves the absorption of water and electrolytes across cell membranes, ensuring that every drop counts.

Coconut Water Powder: Coconut water powder in HYDRATED is naturally isotonic, matching the electrolyte balance of human blood and plasma. This leads to rapid hydration, better exercise performance, and supports heart health.

*REFERENCES:
<https://www.ncbi.nlm.nih.gov/books/NBK555956/>

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Supplement Facts

Serving Size: 1 SACHET (3.93g)

Servings per Container: 30

Amount Per Serving		%DV*
Magnesium	40mg	10%
Chloride	410mg	18%
Sodium	100mg	4%
Potassium	150mg	3%
SolarSea® Sport AC (Ionic Mineral Complex)	1,000mg	†
Glycine	1,000mg	†
Coconut Water Powder	500mg	†

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

Other Ingredients: Citric Acid, Natural Grapefruit Flavor, Bamboo Silica, Steviol Glycosides Reb M.

Contains: Coconut

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MAKE WELLNESS HYDRATED™

HYDRATION FOR PEAK PERFORMANCE

PRIMARY OUTCOME - IMPROVE HYDRATION

MECHANISMS OF ACTION:

- Maintains Cellular Fluid Balance
- Improves Metabolic and Exercise Capacity
- Facilitates Transport of Water and Electrolytes Across Cell Membranes
- Replenishes Electrolytes and Minerals lost during Exercise and Physical Labor



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PEPTIDES *with* PURPOSE

LEAN™

UNLEASH YOUR CORE.



BIOACTIVE PRECISION PEPTIDES THAT TRIM AND CURB APPETITE

- Naturally-derived metabolic support and appetite-curbing support
- Targets visceral fat
- Decreases cravings
- Enhances metabolic wellness
- Healthy weight management
- Convenient Blister Pack Delivery

THE BUILDING BLOCKS OF BETTER HEALTH
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MAKE™ WELLNESS

AptiCurb TrimFast™ Complex is proven to deliver results:

- 100%** weight loss from FAT Mass*
- 65%** total fat loss from the trunk area*
- 600 CAL** Reduction in daily caloric intake*



KEY BENEFITS:

- 1 Targets Visceral Fat:** Tackles the stubborn fat that hides deep within your body.
- 2 Enhances Metabolic Wellness:** Supports overall metabolic health, helping your body function at its best.
- 3 Decreases Cravings:** Helps you say "no" to those tempting, and often unnecessary extra calories.
- 4 Stimulant-Free Calorie Burning:** Boost your metabolism naturally, without relying on caffeine or other stimulants.

How Does AptiCurb TrimFast™ Work?

Emotionally Intelligent Peptides:

Think of LEAN's Bioactive Precision Peptides as the relationship experts in the supplement world. They know how to communicate with your cells, telling them to trim fat and curb appetite, all while protecting your lean muscle.

Reset Your Fat-Burning Potential:

LEAN helps your body tap into its fat-burning capacity like never before, turning it into a peptide-powered fat-burning machine.

POWERED BY APTICURB TRIMFAST™ TECHNOLOGY

LEAN utilizes advanced Bioactive Precision Peptides to influence your body at a cellular level. These peptides are more than just amino acids—they're targeted, high-precision messengers that signal your body to burn fat, curb appetite, and preserve lean muscle mass.



THE SCIENCE BEHIND LEAN

Peptide-Based Metabolism Support:

These peptides enhance thermogenesis, the process your body uses to generate heat and burn calories. This means you burn fat before it has a chance to weigh you down.

Peptide-Enhanced Appetite Control:

By modulating the gut-brain axis, LEAN helps reduce cravings and hunger, making it easier for you to stick to your healthy eating habits.

Boosts Fat Conversion:

LEAN promotes the conversion of body fat into energy, ensuring that you're burning fat while keeping muscle mass intact.

*REFERENCES:

1. Dallas C. et al.; Phytother. Res.; 2013, 28(2): 212-218
2. Cases et al.; Int. J. Food Sci. Nutr.; 2015
3. Park S. et al.; J. Med. Food; 2020, 23(3): 1-8

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Supplement Facts

Serving Size: 2 CAPSULES

Servings per Container: 30

Amount Per Serving	%DV*
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Apticurb Trimfast Complex™	1130mg	†
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Saccharomyces Cerevisiae Peptide Hydrolysate, Grapefruit Extracts (*Citrus grandis* (L.) Osbeck, *Citrus paradisi* Macfad), Orange Extract (*Citrus sinensis* (L.) Osbeck) and Guarana Extract (*Paullinia cupana* Kunth)

† Daily Value (DV) not established.

Other Ingredients: Hypromellose (HPMC) Vegetable Capsule.

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MAKE WELLNESS LEAN™ APTICURB™ TRIMFAST COMPLEX

PRIMARY OUTCOME - REBALANCING BODY COMPOSITION

MECHANISMS OF ACTION:

- Gut-Brain Axis Regulation
- Lowers the Release of Neuropeptide Y from the Hypothalamus
- Enhances Physiological Lipolysis
- Intensifies Free Fatty Acid Metabolization and Thermogenesis
- Increases Resting Energy Expenditure in Overweight and Obese Subjects
- Increases Adipose Beiging Benefits



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1 WHAT IS IT?

Therapeutic GLP-1 or Glucagon-like peptide-1 is a synthetic derivative of a 30 or 31-amino acid peptide hormone initially derived from the venom of the Gila Monster.

1 WHAT IS IT?

LEAN contains a combination of Bioactive Precision Peptides (BPPs) derived from Yeast Hydrolysate and Bioactive Polyphenols derived from Citrus that work synergistically to influence satiety and fat loss.

2 PURPOSE

GLP-1 binds and activates GLP-1 receptors to increase insulin secretion and inhibit glucagon secretion, which lowers blood glucose and leads to weight loss. Alarmingly, up to ½ the weight lost can be muscle. GLP-1 is Glucose-Focused.

1
2

GLP-1
Therapeutic Peptide

VS

LEAN
Bioactive Precision Peptides

1
2

2 PURPOSE

These clinically proven components support thermogenesis and lipolysis to increase fat utilization, control appetite, and influence muscle quality. The LEAN AptiCurb TrimFast Complex is fat-focused.

3

3

3 FORM

Although derived from a naturally occurring peptide, GLP-1 meds are chemically modified to have a much longer half-life and are synthetically produced, classifying them as therapeutic pharmaceuticals.

4

4

4 DELIVERY INJECTIONS

Due to significant instability and poor bioavailability, GLP-1 drugs are typically injected and should be cycled for safety. They are only available by prescription from a licensed physician.

4 DELIVERY ORALLY ADMINISTERED

The encrypted peptides in LEAN survive digestion and are efficiently absorbed and bioavailable. Ingestible BPPs are more convenient, less painful, and more cost-effective than therapeutic peptides.

3 FORM

The BPPs and Bioactive Compounds in LEAN naturally support gut-brain axis regulation, appetite control, and increased calorie burning and metabolism, classifying them as preventative nutraceutical agents.